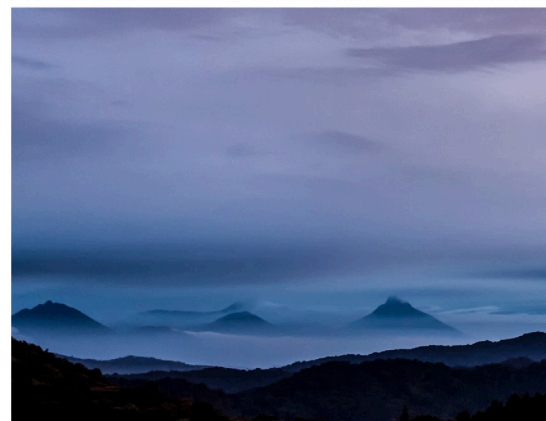


Into the Wild **YOGA** Safari



Reserve Your Spot!
www.gofarthertravel.com/safari



Join Whole Image Wellness, Go Farther Travel, and Kindred Safaris on an adventure across two of the most majestic locations in East Africa: Rwanda and Tanzania. In Northern Tanzania you will experience the greatest concentration of free roaming wildlife in the world as we visit the Serengeti and the amazing Ngorongoro Crater. In Rwanda you will be immersed in the culture and will explore its rain forest while following in the footsteps of primatologist Dian Fossey who studied the mountain gorillas of the Volcanoes National Park region.

The Into the Wild Yoga Safari & Gorilla Trek is a chance to explore your adventurous, wild side through yoga, meditation, breath work, and of course, animal safaris. Cultivate your wild spirit through an invigorating pranayama morning practice. Enliven your animal senses with game drive meditations. Cherish your connection to the landscape with intuitive flows set in these natural habitats.

LOCATIONS

- Kigali, Rwanda
- Volcanoes National Park
- Serengeti National Park
- Ngorongoro Conservation Area

SUMMARY

- Season: Peak
- Dates: August 3-13, 2026
- Accommodations: Tented Camps or Lodges and 5-star Lodges. Full Board.

ACTIVITIES

- Yoga and Meditation
- Safari Game Drives
- Gorilla Trekking
- Wildlife Photography



Whole Image Wellness founder, Angelique, is a 500-hour Yoga Teacher and experienced Retreat Leader. Angelique holds a Master of Science in Ayurveda and Integrative Medicine and is a Certified Ayurvedic Practitioner. This is the 15th retreat she has planned.

www.wholeimagewellness.com

About your Retreat Leaders



Kindred Safaris is a family-owned tour operator based in New York, specializing in African adventures. The company offers personalized experiences, including safaris in Tanzania, Kilimanjaro treks, and primate experiences in Rwanda and Uganda. Kindred's guides are local and provide authentic insights into the region's wildlife, landscapes, and cultures.

www.kindredsafaris.com



GO FARTHER TRAVEL

CUSTOM PLANS | EPIC VACATIONS

Go Farther Travel founder, Rochelle Avignon, specializes in customizing bougie-on-a-budget itineraries for multi-destination trips. Pulling from her previous experience in logistics, she focuses on getting travelers to the right place at the right time and for the right price. Rochelle has planned unique vacations around the world.

www.gofarthertravel.com

Into the Wild: Yoga Safari Retreat & Gorilla Trek

with Whole Image Wellness, Go Farther Travel and operated by Kindred Safaris

August 3-13, 2026 for Full Trip

Inquire about individual location pricing



RESERVE YOUR SPOT

15 SPOTS OPEN

- BASE COST: \$13,420 sharing
- Deposit: \$500
- Save up to \$1,000 when you book by 4/30/2025!

Yoga Safari - The Great Migration: Tanzania

About the trip: This experience offers significant opportunities for viewing and photographing wildlife and experiencing the culture across two regions within Northern Tanzania.

- ◊ **Ngorongoro Conservation Area:** This region is a UNESCO World Heritage Site situated in the Crater Highlands region of Tanzania, covering an area of approximately 3,200 square miles. The centerpiece of the conservation area is the Ngorongoro Crater, which is a year-around haven for a wide variety of wildlife, including large herds of wildebeest, zebras, and gazelles. Predators such as lions and hyenas are also abundant.
- ◊ **The Serengeti:** Stretching from northern Tanzania to southwestern Kenya are the plains of the legendary Serengeti. In the native Maasai language, Serengeti aptly means “Endless Plains.” As host to the largest mammal migration in the world, the Serengeti’s diverse ecosystems are home to more than just great herds of blue wildebeest. Innumerable gazelle, zebra, and buffalo also graze the grasslands along with notable numbers of elephant and giraffe. Not far behind the migrating herds are the Serengeti’s predators. In August, we will fly into the Mara region of the Serengeti, famous for its river crossing of the Mara River where large herds make their way into Kenya.



Gorilla Trek: Rwanda

About the trip: This trip will focus on the primates of Northern Rwanda, with two mountain gorilla trekking excursions, a day with the golden monkeys that are unique to this region, and cultural immersion.

- ◊ **Kigali City:** We will tour Kigali City and visit the Genocide Memorial that details the genocide that occurred in Rwanda three decades ago. This will be a profoundly moving and somber experience that will leave a lasting impression, and while it can be heartbreaking, it is also enlightening to how far the country has come, which you will be constantly reminded of as you experience the wonderful people of Rwanda.
- ◊ **Volcanoes National Park:** This leg of the retreat will focus on trekking in Volcanoes National Park among the mountain gorillas and golden monkeys in the footsteps of the late Dian Fossey - a once in a lifetime opportunity. On the trek you will learn about the people of this region, how they live, and will spend time with one of 12 habituated Mountain Gorilla groups in the region as we watch them play, stand guard, and forage. We will also have an experience with Golden Monkeys, which are only found in the highland forests of Rwanda, Uganda and the Democratic Republic of the Congo.



Yoga Experience

Embark on a once-in-a-lifetime adventure that will awaken your wild spirit and connect you deeply with nature. An extraordinary fusion of yoga, meditation, and exhilarating wildlife experience – a perfect blend of inner exploration and outer adventure.

- ◊ **Awaken Your Inner Explorer:** Begin each day with an invigorating pranayama morning practice, designed to energize your body and ignite your adventurous spirit.
- ◊ **Meditate Among the Majesty of Wildlife:** Immerse yourself in the natural world with game drive meditations that enliven your senses and ground you in the present moment.
- ◊ **Flow with the Landscape:** Each session is crafted with intuitive yoga flows to harmonize with the unique energy of the setting, allowing you to honor the landscape while cultivating your inner peace.
- ◊ **Reflect and Restore:** As the day winds down, soothe your body and mind with restorative evening practices. These gentle sessions provide a sanctuary for reflection, helping you absorb the magic of your daily adventures.

